

Experts Arthritis

Resources

Organizations

American College of Rheumatology

www.rheumatology.org

The ACR is the professional organization of rheumatologists and associated health professionals. The patient resources section of their website has consumer- friendly information.

American Occupational Therapy Association

www.aota.org

Occupational therapists provide customized treatment programs to improve one's ability to perform daily activities. Click on *About Occupational Therapy*, and search “arthritis” for tips on living with arthritis and a fact sheet.

American Physical Therapy Association

www.apta.org and www.moveforwardpt.com

The APTA seeks to improve the health and quality of life of individuals by advancing physical therapist practice, education, and research, and by increasing the awareness and understanding of physical therapy's role in the nation's health care system.

Arthritis Foundation

www.arthritis.org

The AF offers a lot of information on living with arthritis, facts, the latest research and advocacy.

For Community Support Networks, visit

www.arthritisintrospective.org &
<https://liveyes.arthritis.org>

Osteoarthritis Action Alliance

<https://oaaction.unc.edu>

The OAAA engages individuals with Osteoarthritis (OA), their family/friends and caregivers with strategies to minimize disease progression and optimize quality of life through effective clinical and self-management strategies (e.g., physical activity, movement, weight management, and self-management education). It also seeks to prevent the onset of OA through effective injury prevention and weight management strategies.

United States Bone and Joint Initiative

www.usbj.org and www.ControlArthritis.org

The USBJI offers *Experts in Arthritis* to communities throughout the US for people with arthritis or those who care about them, to learn about disease management from a local expert, at no cost, as well as information online. The USBJI also maintains *BMUS*, a single source of prevalence, healthcare utilization and cost data on arthritis in the US for educational, research, and advocacy purposes.

U.S. Government Resources

National Institute of Arthritis and Musculoskeletal and Skin Diseases (NIAMS/NIH)

www.niams.nih.gov

NIAMS supports research into the causes, treatment, and prevention of arthritis and musculoskeletal and skin diseases; the training of basic and clinical scientists; information on research progress. Look for the section on Arthritis and Rheumatic Diseases and select either basic or in-depth information.

Centers for Disease Control and Prevention (CDC) – Arthritis Program

www.cdc.gov/arthritis/index.htm

Information about arthritis for adults and children.

MedlinePlus

medlineplus.gov/arthritis.html

MedlinePlus provides information on the latest treatments, information on a drug or supplement, the meanings of words, and medical videos and illustrations; links to the latest medical research and information about clinical trials.

Healthfinder.gov

<http://healthfinder.gov>

Healthfinder® provides resources on health topics selected from approximately 1,400 government and non-profit organizations (in English and Spanish).