

Katie's Cherry Chicken Salad

Ingredients

Optional vinaigrette

4 tablespoons extra-virgin olive oil

2 teaspoons red-wine vinegar

½ red onion, thinly sliced

1-2 cloves garlic

Salt and pepper

3 cups arugula

1 cup sweet cherries, sliced off the pits

⅓ cup walnuts, chopped

¼ cup blue cheese crumbles

1 grilled boneless skinless chicken breast seasoned with salt and pepper, sliced

Instructions

If desired (and you remember) marinate the onion slices and garlic with salt and pepper in the oil and vinegar overnight. If not, slice red onions and make a quick garlic vinaigrette or use store bought.

Put the arugula in a bowl or on a plate and top with the remaining ingredients, dressing and onions.

Notes: When cherry season is over, make this salad with apples!